

## CLASS 6-8

Dear Parent, Summer vacation is finally here. Teaching children to **care for the environment** is an important parental responsibility that is crucial for their future. But sometimes helping the planet can feel overwhelming for small shoulders. Remember to encourage young children to take one step at a time when going green. The little things they can do really make a big difference. We would like to share a few tips to reduce your child's carbon footprint this summer.

<p><b><u>Being eco-wise</u></b> : It is about celebrating creation, being good stewards with what we're given, and passing on those values to the next generation. While they may get a dose of eco-friendly lessons in school we all remember, "Reduce! Reuse! Recycle!"</p>	<p><b><u>Start a Garden</u></b>: There's no better way to teach your children how to appreciate nature than by getting directly involved with it. Show them how to nurture a plant from its start as a seed.</p>	<p><b><u>Plant A Tree (or two):</u></b> You can teach your children the important role trees play in our ecosystems and why they're necessary for all life to thrive.</p>
<p><b><u>Spend an evening looking at the stars.</u></b> Teach your children about conservation of energy. Switch off the lights in the house and lay down a blanket or find yourself a comfortable chair. No major work required. Simply find a spot with minimal light pollution and sit outside for a little star-gazing.</p>	<p><b><u>Take a walk</u></b>: Go for a short walk with your child or opt for a longer hike. Take reusable water bottles with you so you stay hydrated. Hats and comfortable clothing are also recommended</p>	<p><b><u>Go for a bicycle ride.</u></b> Riding a bicycle is a simple, yet fun way to get some exercise and get outdoors with your child. Ride around your neighborhood or go out a little further from home.</p>
<p><b><u>Unplug Your Devices</u></b> Anytime a cord is plugged into a socket, it's drawing energy – so although your device isn't charging, you're still contributing to your carbon footprint.</p>	<p><b><u>Do an energy audit</u></b> of your home along with your child. This will show how you use or waste energy and help identify ways to be more energy efficient.</p>	<p><b><u>Make Recycle &amp; Reuse Your Motto</u></b> In addition to recycling trash waste, think about other ways your family can recycle and reuse to reduce consumption of resources and greenhouse emissions</p>

**For students -As you have PA I assessment from 2nd July (Tuesday), do not forget to REVISE THE SYLLABUS. Have a happy, healthy and memorable summer vacation!!!**