

BLOOM PUBLIC SCHOOL

Vasant Kunj,

New Delhi

Syllabus: 2019-20

Subject: PSYCHOLOGY

Class: XII

MONTH	CONTENT
	CHAPTERS (NCERT TEXT BOOK)
March	Ch. 1.Variations in Psychological attributes
April	Ch. 2: Self And Personality
May	Ch. 3.Meeting Life challenges Ch 4. Psychological Disorders
July	Ch. 4. Psychological Disorders contd Ch 5.Therapeutic approaches
August	5.Therapeutic approaches Contd 6.Attitudes and Social Cognition
September	7. Social Influence and Group processes
October	8.Psychology and Life 9.Developing Psychological skills
November	Revision & Pre- Board Exam – 1
December	Pre Board Exam -2
January	Pre Board Practical Exam & Remedial Classes
February	Board Practicals Remedial Classes
March	Board Exam

Assessment Syllabus

- 1. PERIODIC TEST- I (April)** : Chapters 1&2
- 2. PERIODIC TEST – II (July)** : Chapters 3&4
- 3. PERIODIC TEST - III (Sep)** : Chapters 1,2,3,4, 5 & 6
- 4. PRE BOARD EXAM (Nov)** : Chapters 1,2,3,4,5,6,7,8 and 9
- 5. PRE BOARD EXAM (Dec)** : Chapters 1,2,3,4,5,6,7,8 and 9

CHAPTERS (NCERT TEXT BOOK)

- Ch. 1 : Variations in Psychological attributes
- Ch. 2: Self and Personality
- Ch. 3 : Meeting life challenges
- Ch. 4 : Psychological disorders
- Ch. 5: Therapeutic approaches
- Ch. 6 : Attitudes and social cognition
- Ch. 7 : Social Influence and Group Processes
- Ch. 8 : Psychology and Life
- Ch. 9 : Developing Psychological Skills